

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



With the Holiday season approaching, the question came to mind,
What is a gift?

A gift is an item given to someone who is not already the owner without the expectation of payment or anything in return.

For many of our residents, the greatest gift is a hug. It has been proven that hugs can lower your heart rate and blood sugar, proving that hugging is beneficial.

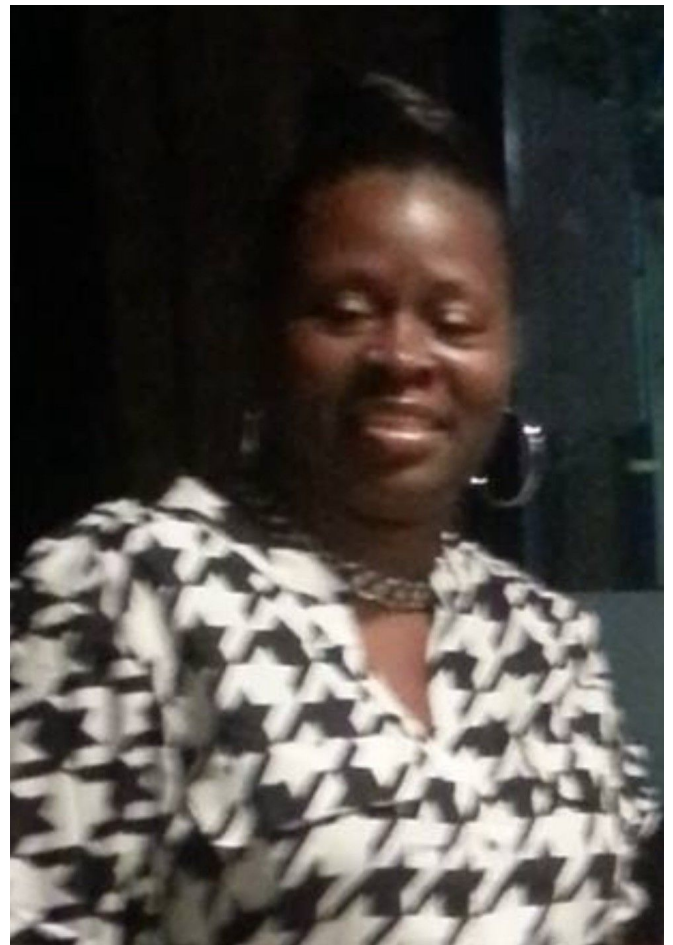
Let's all remember to give the gift of a hug this holiday season to those special people in our lives.

Merry Christmas and Happy Holidays,
Elaine M. Till, CRCA, NHA
Executive Director

DECEMBER 2024

Director of the Year

Brenda is the definition of a team player. She's always looking out for the residents' interest as well as having her coworkers' backs. Brenda has many talents including culinary skills and event planning. Thank you, Brenda, for being part of our Harbison Shores team.



DECEMBER 2024

December Birthdays

Betty Owen - December 4th
 Lee Wells - December 8th
 Olivia Coxe - December 12th
 Jane Kelly - December 15th
 Vernice James - December 20th
 Harrietta Allen - December 21st

Upcoming Holidays

December 4th: National Cookie Day
 December 9th: Christmas Card Day
 December 25th: Christmas
 December 31st: New Year's Eve

Calendar Locations

TVR = TV Room
 AR = Activity Room
 DR = Dining Room

We've Got Mail

About 1.3 billion holiday cards are sent each year in the U.S., says the Greeting Card Association.

"The more positivity, love and light you reflect, the more light is mirrored your way."
 —Suzy Kassem

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Morning Yoga - TVR 10:30 Snacks and Hydration 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration	2 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Chair Exercise - TVR 2:30 Snacks and Hydration 3:00 Afternoon Music - TVR 4:00 Afternoon Ball Toss - TVR	3 10:00 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Baking Club - AR 2:00 Music Program - TVR 2:30 Snacks and Hydration 3:00 Inside Games - AR	4 9:30 Morning Devotional With Joel - TR 10:00 John Gibbons Performs - AR 10:30 Snacks and Hydration 2:00 Manicures - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR	5 9:30 Morning Devotional With Joel - TR 10:00 Gardening 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:00 Bible Study with Jim - AR 2:30 Snacks and Hydration 3:30 Manicures - TVR	6 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Morning Walk 2:00 Happy Hour - TVR 2:30 Snacks and Hydration 3:30 Afternoon '40s Movie - TVR	7 10:30 Snacks and Hydration 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
8 10:00 Morning Yoga - TVR 10:30 Snacks and Hydration 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration	9 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Chair Exercise - TVR 2:30 Snacks and Hydration 3:00 Afternoon Music - TVR 4:00 Afternoon Ball Toss - TVR	10 10:00 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Baking Club - AR 2:00 Music Program - TVR 2:30 Snacks and Hydration 3:00 Inside Games - AR	11 9:30 Morning Devotional With Joel - TR 10:00 John Gibbons Performs - AR 10:30 Snacks and Hydration 2:00 Manicures - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR	12 9:30 Morning Devotional With Joel - TR 10:00 Gardening 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:00 Bible Study with Jim - AR 2:30 Snacks and Hydration 3:30 Manicures - TVR	13 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Morning Walk 2:00 Happy Hour - TVR 2:30 Snacks and Hydration 3:30 Afternoon '40s Movie - TVR	14 10:00 Walk in the Villa Courtyard 10:30 Snacks and Hydration 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
15 10:00 Morning Yoga - TVR 10:30 Snacks and Hydration 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration	16 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Chair Exercise - TVR 2:30 Snacks and Hydration 3:00 Afternoon Music - TVR 4:00 Afternoon Ball Toss - TVR	17 10:00 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Baking Club - AR 2:00 Music Program - TVR 2:30 Snacks and Hydration 3:00 Inside Games - AR	18 9:30 Morning Devotional With Joel - TR 10:00 John Gibbons Performs - AR 10:30 Snacks and Hydration 2:00 Manicures - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR	19 9:30 Morning Devotional With Joel - TR 10:00 Gardening 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:00 Bible Study with Jim - AR 2:30 Snacks and Hydration 3:30 Manicures - TVR	20 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Morning Walk 2:00 Happy Hour - TVR 2:30 Snacks and Hydration 3:30 Afternoon '40s Movie - TVR	21 10:30 Snacks and Hydration 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
22 10:00 Morning Yoga - TVR 10:30 Snacks and Hydration 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration	23 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Chair Exercise - TVR 2:30 Snacks and Hydration 3:00 Afternoon Music - TVR 4:00 Afternoon Ball Toss - TVR	24 10:00 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Baking Club - AR 2:00 Music Program - TVR 2:30 Snacks and Hydration 3:00 Inside Games - AR	25 Christmas 9:30 Morning Devotional With Joel - TR 10:00 John Gibbons Performs - AR 10:30 Snacks and Hydration 2:00 Manicures - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR	26 9:30 Morning Devotional With Joel - TR 10:00 Gardening 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:00 Bible Study with Jim - AR 2:30 Monthly Birthday Celebration - AR 2:30 Snacks and Hydration 3:30 Manicures - TVR	27 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Morning Walk 2:00 Happy Hour - TVR 2:30 Snacks and Hydration 3:30 Afternoon '40s Movie - TVR	28 10:00 Walk in the Villa Courtyard 10:30 Snacks and Hydration 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
29 10:00 Morning Yoga - TVR 10:30 Snacks and Hydration 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration	30 9:30 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Chair Exercise - TVR 2:30 Snacks and Hydration 3:00 Afternoon Music - TVR 4:00 Afternoon Ball Toss - TVR	31 10:00 Morning Devotional With Joel - TR 10:30 Snacks and Hydration 11:00 Baking Club - AR 2:00 Music Program - TVR 2:30 Snacks and Hydration 3:00 Inside Games - AR				

