

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY  
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## Hello From the Executive Director



July 4th is Independence Day! In the midst of all the BBQs, firecrackers, and concerts, take a moment to honor the men and women who fought and fight for the freedom we are celebrating.

And in the spirit of pride and unity, we would also like to thank you for allowing us to take care of your loved ones. We appreciate your support. From the Harbison Shores Staff, have a wonderful 4th of July.

Elaine Till, CRCA, NHA  
Executive Director

## JULY 2024

## Director Spotlight

Troy Hinson is our maintenance director. He has lots of experience as a maintenance director, and he really enjoys the work, especially working with his hands. The most rewarding thing for him is to make people smile. Troy likes living in the country and doing outdoor activities like fishing and swimming. We are grateful to have you here, Troy!



# JULY 2024

## July Birthdays

July 6th: Lib Stewart  
 July 14th: Robert Geiger  
 July 22nd: George Magruder  
 July 30th: Carol Kolb

## Upcoming Holidays

July 4th: Independence Day  
 July 25th: Christmas in July

## Calendar Locations

TR = Theater Room  
 DR = Dining Room

## Lady Liberty

The Statue of Liberty is among America's most famous national monuments. Here are some little-known facts about the icon:

- The city of Boston put in a bid for it.
- Its creator, Frederic-Auguste Bartholdi, wanted it to be covered in gold so that it would be visible at night.
- Inventor Thomas Edison said he was designing a huge phonograph disc for the statue's interior so that it could "talk."

**"Even the smallest victory is never to be taken for granted. Each victory must be applauded."**  
 —Audre Lorde

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	2 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:00 Pictures for the Newsletters - DR 2:30 Crocheting and Knitting Class - DR 4:00 Let's Be the Judge - DR	3 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 12:30 4th of July Cookout 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	Independence Day 4 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Sing-Along - DR 3:00 Bible Study with Jim - TR	5 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	6 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
7 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	8 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	9 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Crocheting and Knitting Class - DR 4:00 Reminiscing on the Porch	10 10:00 John Gibbons Performs - MC 10:00 Sign Up For Shopping Outing - DR 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	11 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Sing-Along - DR 3:00 Bible Study with Jim - TR	12 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	13 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
14 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	15 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	16 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Resident Council Meeting - DR 4:00 Let's Be the Judge - DR	17 10:00 John Gibbons Performs - MC 10:00 Shopping Outing 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	18 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Sing-Along - DR 3:00 Bible Study with Jim - TR	19 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	20 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
21 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	22 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	23 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Crocheting and Knitting Class - DR 4:00 Reminiscing on the Porch	24 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	25 10:00 Christmas in July (All Day) 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Sing-Along - DR 3:00 Bible Study with Jim - TR	26 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social On the Porch	27 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
28 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	29 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	30 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 4:00 Let's Be the Judge - DR	31 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room			



## Employee of the Month

Erica started her caregiving journey 20 years ago and she enjoys taking care of her residents. To her, they are not only residents, but are like family. She enjoys every minute of her hours, whether it's 8 hours or 16, because she loves what she does: helping her coworkers and being a team player. Erica was born in West Africa, and loves God and her family. She enjoys singing, dancing, traveling, and having a great time.

