

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY  
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## Hello From the Executive Director



Father's Day is a day to honor fatherhood and celebrate the role of fathers and father figures in our society. It was founded by Donora Smart Dodd who wanted to pay tribute to her father, a war veteran and single parent of six children. The first Father's Day was celebrated on June 19, 1910, in Washington state. It became a nationwide holiday in the United States in 1972, after President Richard Nixon signed a proclamation. Father's Day is observed on the third Sunday of June in the United States.

(from Internet)

We will be celebrating all the men at Harbison Shores this Father's Day.

Happy Father's Day,  
Elaine M. Till, NHA, CRCA  
Executive Director

JUNE 2024

## Director Spotlight



Hope Wilson is our community nurse, and we are so grateful to have her. She is very thorough in doing her job, and she has a wonderful heart for our residents. Hope always has a pleasant attitude, and she's always willing to do what it takes to get the job done. She is also a new grandmom. Thanks for all you do, Hope!

## JUNE 2024

### June Birthdays

June 10th: Tommae Sligh  
 June 13th: Nancy Hawkins  
 June 16th: David Hooper  
 June 17th: Betty Gibson  
 June 20th: Kay Cowan  
 June 26th: Edith Wessinger  
 June 27th: Mary Jacobs

### Upcoming Holidays

June 16th: Father's Day  
 June 19th: Juneteenth  
 National Independence Day

### Calendar Locations

TR = Theater Room  
 DR = Dining Room

### Famous Faces Born in June

June 5, 1978: Nick Kroll  
 June 8, 1950: Sonia Braga  
 June 11, 1987: Jimmy O. Yang  
 June 14, 2000: RJ Barrett  
 June 17, 1983: Mickey Guyton  
 June 20, 1946: Bob Vila  
 June 23, 1988: Chellsie Memmel

**"When the sun is shining  
 I can do anything; no  
 mountain is too high, no  
 trouble too difficult."  
 —Wilma Rudolph**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
2 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	3 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	4 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:00 Pictures for the Newsletters - DR 2:30 Crocheting and Knitting Class - DR 4:00 Let's Be the Judge - DR	5 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	6 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Music With Ryan - DR 3:00 Bible Study with Jim - TR	7 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	8 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
9 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	10 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	11 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Crocheting and Knitting Class - DR 4:00 Reminiscing on the Porch	12 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	13 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Music With Ryan - DR 3:00 Bible Study with Jim - TR	14 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	15 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
16 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	17 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	18 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Resident Council Meeting - DR 4:00 Let's Be the Judge - DR	19 Juneteenth 10:00 John Gibbons Performs - MC 10:00 Lunch Outing - Sign Up 10:30 AM Snacks and Hydration - DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	20 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Music With Ryan - DR 3:00 Bible Study with Jim - TR	21 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	22 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
23 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	24 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	25 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Crocheting and Knitting Class - DR 4:00 Reminiscing on the Porch	26 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Exercise - TR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	27 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Music With Ryan - DR 3:00 Bible Study with Jim - TR	28 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social On the Porch	29 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
30 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR						

# Employee of the Month



One of the reasons we chose Monique as the employee of the month is because her love for the residents made it easy for her to make a decision to go over and beyond her own obstacles, to get to work to take care of them.

